Dietary Information for the Museum of Science Overnight Program*

Evening Snack

Fruitfull® Non-Dairy Fruit Bars- Strawberry

Allergy Info:
Strawberries

All of the above products are produced on shared equipment with Soy, Milk, Tree Nuts and MAY CONTAIN seeds, pits, and nutshell fragments.

Product Website:
https://www.happyandhealthy.com/fruitfull-bars/

Fruitfull® Non-Dairy Fruit Bars- Mango

All of the above products are produced on shared equipment with Soy, Milk, Tree Nuts and MAY CONTAIN seeds, pits, and nutshell fragments.

Product Website:
https://www.happyandhealthy.com/fruitfull-bars/

*The above items represent what is typically served during an overnight. If a participant has a food allergy we encourage you to bring your own snack & breakfast.
Morning Options

Nutri-Grain Cereal Bar (Strawberry)

Ingredients:
Crust: whole grain oats, enriched flour (wheat flour, niacin, reduced iron, vitamin b1 [thiamin mononitrate], vitamin b2 [riboflavin], folic acid), whole wheat flour, soybean oil, high fructose corn syrup, soluble corn fiber, sugar, calcium carbonate, whey, wheat bran, salt, cellulose, potassium bicarbonate, mono- and diglycerides, soy lecithin, natural and artificial flavor, wheat gluten, niacinamide, vitamin a palmitate, carrageenan, zinc oxide, reduced iron, guar gum, vitamin b6 (pyridoxine hydrochloride), vitamin b1 (thiamin hydrochloride), vitamin b2 (riboflavin), folic acid. Filling: high fructose corn syrup, corn syrup, strawberry puree concentrate, glycerin, sugar, sodium alginate, modified corn starch, citric acid, natural and artificial flavor, dicalcium phosphate, methylcellulose, caramel color, malic acid, red 40.

Allergy Info:
Contains Milk, Wheat and Soy.

Product Website:

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**Nutri-Grain Cereal Bar (Blueberry)**

**Ingredients:**
Crust: whole grain oats, enriched flour (wheat flour, niacin, reduced iron, vitamin b1 [thiamin mononitrate], vitamin b2 [riboflavin], folic acid), whole wheat flour, soybean oil, high fructose corn syrup, soluble corn fiber, sugar, calcium carbonate, whey, wheat bran, salt, cellulose, potassium bicarbonate, mono- and diglycerides, soy lecithin, natural and artificial flavor, wheat gluten, niacinamide, vitamin a palmitate, carrageenan, zinc oxide, reduced iron, guar gum, vitamin b6 (pyridoxine hydrochloride), vitamin b1 (thiamin hydrochloride), vitamin b2 (riboflavin), folic acid. Filling: high fructose corn syrup, corn syrup, blueberry puree concentrate, glycerin, sugar, water, sodium alginate, modified corn starch, natural and artificial flavor, citric acid, methylcellulose, calcium phosphate, malic acid, red 40, blue 1.

**Allergy Info:**
Contains Milk, Wheat and Soy.

**Product Website:**

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**Chobani Greek Yogurt Blueberry 4 oz**

**Allergy info:**
Contains Milk

**Product Website:**
https://www.chobani.com/products/fruit-on-the-bottom/cup/blueberry/

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Manufacturer - Bagle Boy

Doz. Mini Bagels CINNAMON RAISIN - BB

Order Code: 6163
Order Time: N/A
Description: Doz. Mini Bagels CINNAMON RAISIN - BB
Kosher: KVH Kosher Pareve

Nutrition Facts
12 Serving Per Container
Serving Size 40g

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>100</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>100</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>% Daily Value *</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>0mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>150mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>20g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>1g</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>3g</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Includes N/A Added Sugars</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Protein</td>
<td>3g</td>
</tr>
</tbody>
</table>

Vitamin D 0.5mcg
Calcium N/A 6%
Iron N/A 8%
Potassium N/A N/A
Vitamin A N/A 0%
Vitamin C N/A 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contribute to a daily diet. 2,000 Calories per day is used for general nutrition advice.

Calories per gram:
Fat 9
Carbohydrate 4
Protein 4

Product Dimensions:
Length: 3.00"
Width/Diameter: 3.00"
Height: 1.205"
Shape: Round
Finished Weight: 1.41oz

Packaging:
Pack Description: 12 count
Case Length: N/A
Case Width: N/A
Case Height: N/A
Case Cube: N/A
Pallet Pattern: N/A
Cases per Pallet: N/A
Case Weight: N/A
Case Count: N/A
UPC Code: N/A
UPC Case: N/A
Tray Count: N/A

Serving Size
Calories 100

Slice Info:
Sliced: N/A
Slice Type: N/A
Slice Thickness: N/A
Number of Slices: N/A
Top Cut: N/A

Allergen Info:
Contains Wheat: YES
Contains Nuts: NO
Contains Milk: NO
Contains Egg: NO
Made on Equipment Shared With Nuts: NO
Contains Soy: NO
Nut Free Plant: YES

Ingredients:
UNBRONATED, UNBLEACHED, ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN (VITAMIN B3), REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, RAISINS, SUGAR, SALT, YEAST, CINNAMON, CALCIUM PROPIONATE, WHEAT GLUTEN, Caramel COLOR, ENZYMES, NATURAL FLAVOR, MONOGLYCERIDES, ASCORBIC ACID AND CITRIC ACID (ANTIOXIDANTS), XANTHAN GUM, GUAR GUM, MALTODEXTRIN, SODIUM ALGINATE, YELLOW CORN MEAL, HIGH OLEIC CANOLA OIL.
Manufacturer - Bagle Boy

Doz. Mini Bagels PLAIN - BB

Order Code: 6161
Order Time: N/A
Description: Doz. Mini Bagels PLAIN - BB
Kosher: KVH Kosher Pareve

Product Dimensions:
- Length: 3' to 3.38''
- Width/Diameter: 3' to 3.38''
- Height: 1.13'' to 1.38''
- Shape: Round
- Finished Weight: 40g

Packaging:
- Pack Description: N/A
- Case Length: N/A
- Case Width: N/A
- Case Height: N/A
- Case Cube: N/A
- Pallet Pattern: N/A
- Cases per Pallet: N/A
- Case Weight: N/A
- Case Count: N/A
- UPC Code: N/A
- UPC Case: N/A
- Tray Count: N/A

Nutrition Facts

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<tr>
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<td>0g</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>N/A</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>0g</td>
</tr>
<tr>
<td>Sodium</td>
<td>90mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
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</tr>
<tr>
<td>Dietary Fiber</td>
<td>1g</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>N/A</td>
</tr>
<tr>
<td>Protein</td>
<td>4g</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>0.5mcg</td>
</tr>
<tr>
<td>Calcium</td>
<td>N/A</td>
</tr>
<tr>
<td>Iron</td>
<td>N/A</td>
</tr>
<tr>
<td>Potassium</td>
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</tr>
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</tr>
<tr>
<td>Vitamin C</td>
<td>N/A</td>
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Slice Info:
- Slice: N/A
- Slice Type: N/A
- Slice Thickness: N/A
- Number of Slices: N/A
- Top Cut: N/A

Allergen Info:
- Contains Wheat: YES
- Contains Nuts: NO
- Contains Milk: NO
- Contains Egg's: NO
- Made on Equipment Shared With Nuts: NO
- Nut Free Plant: YES
- Contains Soy: NO

Ingredients:
Enriched High Gluten Wheat Flour, (Thiamine, Riboflavin, Niacin, Iron, Folic Acid),

Phone: 781 - 397 - 9449
Fax: 781-397-8388
www.lamarcaandsons.com
Rice Krispies

**Ingredients:**
Rice, sugar, salt, malt flavoring, Iron, vitamin C (ascorbic acid), vitamin E (alpha tocopherol acetate), niacinamide, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin B12, vitamin D.

**Allergy Info:**

**Product Website:**

Cheerios

**Ingredients:**
Whole grain oats (includes the oat bran), modified corn starch, sugar, salt, Tripotassium phosphate, wheat starch. Vitamin E (mixed tocopherols) added to preserve freshness.

Vitamins and minerals:
Calcium carbonate, iron and zinc (mineral nutrients), vitamin C (sodium ascorbate) A B vitamin (niacinamide), vitamin B6 (pyridoxine hydrochloride), vitamin A (palmitate), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), A B vitamin (folic acid), Vitamin B 12, Vitamin D 3

**Allergy Info:**

**Product Website:**
http://www.cheerios.com/Products/Cheerios

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**Hood Fat Free Milk**

**Ingredients:**
Fat Free Milk, Ascorbic Acid (Vitamin C), Vitamin A Palmitate and Vitamin D2

**Allergy Info:**
Milk

**Product Website:**
http://www.hood.com/Products/prodDetail.aspx?id=629&lb=863

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**Hood 2% Reduced Fat Milk**

**Ingredients:**
Reduced Fat Milk, Ascorbic Acid (Vitamin C), Vitamin A Palmitate and Vitamin D2

**Allergy Info:**
Milk

**Product Website:**
http://www.hood.com/Products/prodDetail.aspx?id=636&lb=863

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**Hood Orange Juice**

**Ingredients:**
Water, Orange Juice Concentrate

**Allergy Info:**

**Product Website:**
http://www.hood.com/Products/prodDetail.aspx?id=631&lb=857

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